Health Consequences of Smoking, Vaping, and Air Quality on the Human Body.

E-cigarette use among youth and young adults has become a public health concern.

E-cigarettes are now the most commonly used tobacco product among youth, surpassing conventional cigarettes. Are e-cigarettes safer than conventional cigarettes? How exactly does an e-cigarette work? Is it legal for a teen to use an e-cigarette? Why would someone choose to vape rather than smoke a traditional cigarette? Smoking is now prohibited on the premises of a child care center in North Carolina and e-cigarettes have been added to the smoking restrictions for staff. Attend this training to distinguish between second and third hand smoke, their affects on air quality, describe how an e-cigarette works and the dangers of smoking e-cigarettes.

Participants must attend online course, read handouts, answer interactive questions and pass a post knowledge assessment with a score of 90% or higher (multiple attempts allowed).

Instructors have no proprietary interest in the design, development or marketing of this learning event.

Technology needs required:
• Electronic device with internet connection
• Electronic device with audio/ability to watch/listen to a video
• Keyboard/mouse (laptop with mousepad)
• Pdf reader
• Ability to email assignments to instructor, send/receive email.
• Each participant must register with a unique email address (email addresses can not be shared)

This training is approved by the NC Division of Child Development and Early Education

Cost: $15
Instructor: Karen Darby
Darby.karen@swcdcinc.org
Credit: 2 CEUs (equivalent to 2 CHC)
Register: http://www.swcdcinc.org

Online, Self-Paced & On Demand!
When You Want to Do it! Available 24/7