

8/6/19

Getting it Right from the Start:

Eliminating Chaos in the Classroom

There's an old quote that says an ounce of prevention is worth a pound of cure. This is very true for managing a classroom of preschoolers. Establishing consistent and predictable routines, pro-actively teaching social skills, and clearly communicating procedures and expectations (aka "the rules") are all critical requirements for having a great year with your class. Come learn how to begin the year in a successful way for those returning to school or transitioning to a new classroom.

8/13/19

IT's SIDS

This workshop addresses safe sleep practices and ways to reduce the risk of SIDS; including information on the NC Law regarding safe sleep practices in child care programs. This training meets the licensing requirement for training on SIDS.

8/20/19

Alert...Alert! New Rule Requiring Operational & Personnel Policies for ALL Centers

Have you heard that operational and personnel policies are now required as a minimum standard for all child care centers? If you are a program that has not previously been required to have these policies (GS-110, 1 & 2 star centers), come learn how to get started and remain in compliance with the DCDEE rule. Participants will review the policy checklists provided by DCDEE and use sample policies to get started on creating their own!

8/22/19

Film Screening & Facilitated Discussion of *Resilience*:

The Biology of Stress & the Science of Hope

Researchers are developing a new understanding of the effects of abuse and neglect during childhood. As the new documentary *Resilience* reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at greater risk of disease, homelessness, prison time, and early death. Trailblazers in pediatrics, education and social welfare are using cutting edge science therapies to protect children from the effects of toxic stress – and the legacy of a childhood no one would choose.

8/26/19 & 8/27/19

Understanding the NC Foundations for Early Learning & Development (NC FELD) and How to Align them with Lesson Plans

Participants should bring a copy of the *Foundations* book to class. This course will provide an introduction to NC's *Early Learning and Development* expectations, how they are structured and how to implement them in early childhood settings through classroom planning and practice.

9/5/19

"Let Me See Your Files!" Monitoring Staff & Child Files for Successful Program Management

Staying organized with record keeping in child care is critical to having a successful program. Come learn strategies to develop your own system of auditing files that will create a stress free work environment, support children and staff, and allow for successful licensing visits. This training is highly encouraged for directors/administrators.

9/6/19

Child Care Director's Luncheon: At the WELL...Supporting Teachers & Caregivers in Hard Places

This interactive session is all about YOU!! Yes, YOU! We will take a closer look at who is caring and educating our young children from hard places and how WE impact optimal learning and development. You will gain strategies and techniques to take care of YOU while taking care of them!!! YOU are the essential influence in young children's outcomes. Come and Let US Take Care of YOU!!!

9/9/19

Family Child Care Home Meeting: Alert...Alert! New Rule Requiring Operational Policies and a Self-Study for Family Child Care Homes

Have you heard that operational policies and a self-study are now required as a minimum standard for all family child care homes? Come learn how to get started and remain in compliance with the DCDEE rule. Participants will review the policy checklists provided by DCDEE and use sample policies to get started on creating their own!

9/17/19

Funding Effective School-Age Programs

Finding funding is one of the hardest parts of running an effective school age program. Between making payroll, purchasing materials, and pursuing special program initiatives, securing program income requires school age professionals to be resourceful and creative. Join other like-minded school age leaders in learning easy and effective ways to utilize untapped funding resources in your local community and throughout the state. School age professionals of all experience levels will leave with the tools necessary to recognize and access the funding opportunities needed to make their afterschool or summer camp program thrive.

9/24/19

Fire Safety

Participants will learn strategies for prevention of fires, as well as, how to keep children and staff safe in the event of a fire in a child care facility. This workshop meets the requirement for annual fire safety training.

9/26/19

The Power of Intentional Care & Understanding (I.C.U.): A Look at Toxic Stress & the Young Child

This interactive, hands-on workshop will look at the Power of Intentional Care and Understanding (ICU) with a look at toxic stressors and the young child. Participants will consider the role that attachment, authentic nurturing, trusting relationships play in supporting the young child exposed to toxic stress such as poverty, abuse/neglect, incarceration, and homelessness.

9/30/19

The CALM in the Storm...Reaching and Responding to Children from Hard Places

Children from hard places need us to reach and respond to them before teaching and learning can occur. This session will provide you with understanding and skills to be C.A.L.M as you are "ooh shifting" while supporting the child to be able to manage themselves in the mist of their emotional and behavioral storm.