

## How can a provider join the food program?

In North Carolina one of the sponsors for the Child and Adult Care Food Program is:

**Regional Child Care Resources and Referral  
Guilford Child Development  
1200 Arlington Street  
Greensboro, NC 27406**

336-369-5039  
Toll free:1-800-289-5098  
CACFP@guilfordchilddev.org

**Child Care Providers anywhere in North Carolina may call the number above to get more information or to sign up for the food program.**

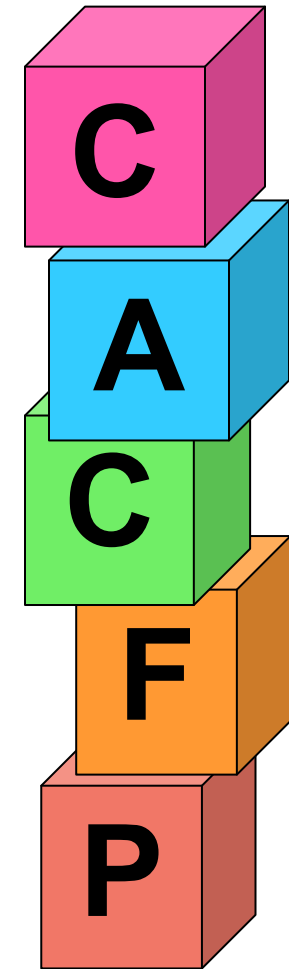


**C**onsistent, healthy eating has a positive impact on children's development. Join the Child and Adult Care Food Program and see what a difference it makes!



  
**GuilfordChildDevelopment**  
Regional Child Care Resources & Referral

"The USDA is an equal opportunity provider and employer."  
"To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY)."



**Child and Adult  
Care Food Program**  
"Building Healthy Futures"



# Child and Adult Care Food Program

**It's good for the children, providers, and parents.**

## CHILDREN WILL...

- ◆ Receive nutritious meals and snacks
- ◆ Develop good eating habits
- ◆ Develop fit bodies, strong teeth, and alert minds

## PROVIDERS WILL...

- ◆ Receive current information on good nutrition, health and fitness
- ◆ Get menu ideas and recipes
- ◆ Receive a monthly check to help cover food costs
- ◆ Have opportunities to attend nutrition training sessions
- ◆ Receive one-on-one program training



## PARENTS WILL....

- ◆ Be assured that their children are eating healthy meals and snacks at no extra charge to them
- ◆ Receive nutrition information



## What is this program?

The Child and Adult Care Food Program (CACFP) provides child care operators with nutrition education and financial reimbursement for part of the cost of meals served to children in their care. It is funded by the US Department of Agriculture (USDA).

## Who can participate?

All **family child care homes** and **centers** licensed with the State of NC are eligible.

## What is required to participate?

- ◆ Providers must serve USDA approved snacks and meals
- ◆ Daily record keeping on foods served and number of children in attendance



In Addition.....

- ◆ Approved meals consist of wholesome foods that most providers are probably already serving.
- ◆ Free software will be provided for daily record keeping
- ◆ At-Risk Afterschool provides funding to afterschool programs that serve a meal and/or snacks to children and teens in low-income areas.



## How much is the monthly check?

Reimbursement is based on the number of meals served and the number of children in attendance. In some cases the provider's own children may be included in the reimbursement.