

WORKSHOP DESCRIPTIONS

November & December 2017

Wednesday, November 1st Updates and questions about the ITERS-R- This session provides information about basic terms and definitions of the ITERS-R as well as reminders about the lowest scoring items and indicators. **Cost is Free.** Time 12:55pm-2:00pm. Offered by NCRLAP. <http://ncrlap.org/Calendar/>

Saturday November 4th American Heart Association Heartsaver First Aid & CPR AED - This is a hands-on format based on the American Heart Association. CPR teaches basic life support skills for adults, children and infants, how to properly operate an Automated External Defibrillator (AED) and choking. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. **The CPR class is \$40 from 8:30am-12pm. First Aid is \$40 from 1pm-4pm. For both classes, the cost is \$80. Class size is limited to 12. First Aid books are included; AED CPR student workbooks are available for purchase at \$14. Class starts promptly at 8:30am and 1:00pm. Plan to arrive 15 minutes prior to scheduled time. Please Note: If you are sick with cold, flu, or other contagious virus, please refrain from attending the workshop.** Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R). http://guilfordchilddev.org/providers/training/guilford_workshops/

Thursday, November 9th Updates and questions about the FCCERS-R- This session provides information about basic terms and definitions of the FCCERS-R as well as reminders about the lowest scoring items and indicators. **Cost is Free.** Time 12:55pm-2:00pm. Offered by NCRLAP. <http://ncrlap.org/Calendar/>

Saturday, November 11th The Family Child Care Home Business Administration Scales Communities of Practice- Quarterly meeting. More details soon. **Cost is Free. Time TBA.** Offered by EQUIPD. <http://www.equipd.info/>

Monday November 13th and Friday November 17th The Arts and Sciences of Technical Assistance -This 20 hour course will take a dive into the framework for the North Carolina Technical Assistance Practitioner Competencies. These competencies are focused on adult professional development and are organized by five domains. You must attend all sessions to receive credit for this training. **2.0 CEU'S Received Part 1 is on Monday November 13, 2017 9am-5pm Part 2 is on Friday November 17, 2017 9am-5pm Cost is \$35.00.** Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R). http://guilfordchilddev.org/providers/training/guilford_workshops/

Monday November 13th and Tuesday November 14th North Carolina Foundations of Early Learning and Development Part 1 & 2 - North Carolina Foundations for Early Learning and Development (NCFELD) Part 1 & 2- This 5-hour course will provide an introduction to Foundations, North Carolina's new Early Learning and Development expectations, how they are structured, and how to implement them in early childhood settings. Please bring your North Carolina Foundation book with you to class. **Cost \$45 with .5 CEU's. Class size is limited to 15 participants. Session II: Tuesday November 14 Time 6:30pm-9:00pm. You must attend both sessions to receive credit.** Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R). http://guilfordchilddev.org/providers/training/guilford_workshops/

Tuesday November 14th Teaching Children about the Importance of Healthy Eating- Learn different techniques to share how and why children need to eat healthy foods. If they learn to make healthy choices at a young age, it will last all through their life. **Cost \$ 15 with 2 credit hours. Time 6:30pm-8:30pm.** Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R). http://guilfordchilddev.org/providers/training/guilford_workshops/

Wednesday, November 15th Updates and questions about the ECERS-R- This session provides information about basic terms and definitions of the ECERS-R as well as reminders about the lowest scoring items and indicators. **Cost is Free.** **Time 12:55pm-2:00pm.** **Offered by NCRLAP.** <http://ncrlap.org/Calendar/>

Wednesday November 15th Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure? - The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors. **Cost \$ 15 with 2 credit hours.** **Time 6:30pm-8:30pm.** **Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

Wednesday November 15th and Thursday November 16th -Basic School Age Care (BSAC) Part 1 & Part 2 This 5 hour module will cover the elements of quality care, child development, positive guidance, age appropriate activities, environment design, health/safety, nutrition, and NC Child Care Regulations for school age care professionals working in licensed programs.. **Part 2 is Thursday November 16th Must Attend Both Sessions Cost \$35 with 5 credit hours.** **Time 6:30pm-9:00pm.** **Class size is limited to 25 participants.** **Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

Friday, November 17th Director's Health & Wellness Collaborative: Outdoor Learning Environments & working with the Seasons- An Early Childhood Director's group that focuses on cultivating a culture of health & wellness within the Early Childhood setting every day. Healthy snacks & recipes and Networking opportunities & resources.**Cost is free to attend, in service credit 1.5 hrs.** **Time 9:30 am – 11:00 am.** **Offered by Guiding Healthy Behaviors in Early Childhood.** <http://www.guilfordchildren.org/ec-professionals/guiding-healthy-behaviors/>

Monday November 20th American Heart Association Heartsaver First Aid Only - This is a hands-on format based on the American Heart Association. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. Book is included. **Cost \$40, class size limited to 12.** **Time 6:00pm-9:00pm.** **Class starts promptly at 6:00pm.** **Please arrive 15 minutes prior to scheduled time.** **Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

Monday November 20th Temperament of Infants and Toddlers: Understanding and Supporting Individual Differences - Temperament of Infants and Toddlers: Understanding and Supporting Individual Differences- We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we'll learn about 9 temperament traits and 3 large categories used to describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the "goodness of fit" between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure. **Cost \$15 with 2 credit hours.** **Time 6:30pm-8:30pm.** **Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

Wednesday, November 29th Updates and questions about the SACERS-R- This session provides information about basic terms and definitions of the SACERS-R as well as reminders about the lowest scoring items and indicators. **Cost is Free. Time 12:55pm-2:00pm. Offered by NCRLAP. <http://ncrlap.org/Calendar/>**

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Thursday November 30th and Wednesday December 6th Playground Safety Part 1 and Part 2 - A playground should be created to provide a challenging and fun play environment for children but should also be reasonably safe. Outdoor play encourages movement and physical activity and is stimulating for children's learning. Playground safety training addresses playground safety hazards, playground supervision, maintenance and general upkeep of the outdoor area, and age and developmentally appropriate playground equipment. This training offers a practical and educational interpretation of North Carolina Child Care Commission's playground safety rules and how to conduct a playground audit. **Part 2 Wednesday December 6th Must Attend Both Sessions Cost \$25 with 4 credit hours. Time 6:30pm-8:30pm. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).**
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Saturday December 2nd Sudden Infant Death Syndrome (SIDS) - This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly. **Cost \$ 15 with 2 credit hours. Time 9: 00 am -11:00am. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

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Monday December 4th -Managing the Holidays with Healthy Choices Enjoy the holidays, but learn how to balance your food choices to include nourishing food. Healthy foods can taste good. **Cost \$ 15 with 2 credit hours. Time 6:30pm-8:30pm. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).**
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Wednesday December 6th – How Are You? How Am I? - Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in your-self and others in a healthy manner – is even more basic to school readiness. We'll examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy. **Cost \$15 with 2 credit hours. Time 6:30pm -8:30pm. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

Thursday December 7th- Make It, Take It Social/ Emotional Interventions- The Bringing Out the Best staff will share their favorite interventions that address behaviors stemming from social and emotional challenges. Participants will rotate between a number of stations to experience and make their own interventions to use in their classrooms.- **Cost is free to attend. Time 6:00 pm – 8:00 pm. 1.5 credit hrs. Offered by Bringing Out the Best. Call 336-334-3093 to register.**

Thursday December 7th- Winter Assessment Process Primer- We cover the “basics” so participants can become more familiar with the ITERS-R & ECERS-R: Scale structure/scoring; basic terms; quality indicator requirements; assessment process procedures; online resources; and a time for questions. Cost is free to attend but you must register by 12/1/17. **Time 6:30 pm – 8:30 pm. Offered by EQuIPD.** <http://www.equipd.info/>

Saturday December 9th – Cultural Competence - Children from diverse backgrounds — including children of color, children in families of lower socioeconomics, and children of marginalized groups — are being cared for and educated in our early childhood programs. We know that we need to provide learning experiences that reflect the cultural backgrounds of all children, which includes family values and learning styles. Failure to do this, can compromise the benefit children receive from early childhood programs. This course is a beginning step to preparing the early childhood workforce to increase their awareness and understanding of culture and cultural competence. It focuses on defining culture, understanding cultural conditioning, culturally responsive teaching and the role of engaging families. It is designed to be interactive and self-reflective. You must have a working email address to complete pre-assessment before class date. **.5 CEU's. Class size is limited to 20 participants. Cost \$45.00 9:00am-2:00pm Please feel free to bring a bag lunch. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).** http://guilfordchilddev.org/providers/training/guilford_workshops/

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Wednesday December 13th – What Every Baby Needs - Everything in a baby's world happens in steps and stages. It is important to appreciate each stage as it occurs and provide the support and guidance needed to allow a successful journey through each one. This training will offer suggestions of what types of materials support learning at the different stages. You will gain insight on the benefits of providing babies with ample time and space to master a skill before moving on to start practicing a new one and will explore some of the drawbacks of intervening unnecessarily. With each mastered skill babies are discovering more about their bodies, the world around them and how the two work together. These skills are the foundations that they will carry with them throughout their life and across all domains of learning. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Activities and Program structure.

Cost \$15 with 2 credit hours. Time 6:30pm-8:30pm. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R). http://guilfordchilddev.org/providers/training/guilford_workshops/

Wednesday December 13th Grief and Loss in Young Children: Helping Young Children Cope- Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define most common times of grief and loss for young children, identify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process. **Cost \$15 with 2 credit hours. Time 6:30pm-8:30pm. Offered by Guilford Child Development, Regional Child Care Resources & Referral (RCCR&R).**

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Thursday, December 21st Updates and questions about the SACERS-R- This session provides information about basic terms and definitions of the SACERS-R as well as reminders about the lowest scoring items and indicators. **Cost is Free.**

Time 12:55pm-2:00pm. Offered by NCRLAP. <http://ncrlap.org/Calendar/>