



Director's Health & Wellness Collaborative

Are you looking to deepen your health & wellness practices as an Early Childhood program? Are you wanting to connect with others on a similar path? Join us for this co-learning journey!

What: An Early Childhood Director's group that focuses on cultivating a culture of health & wellness within the Early Childhood setting every day. See web-site listed below to register. For those who have joined us in the past, we will share new information. FREE event, bring a colleague!

When: 3 different meeting times throughout the year, all **Friday** mornings. Sessions will begin at 9:30 am and wrap up at 11:00 am. Dates are as follows, **November 17, 2017, February 16, 2018 and May 18, 2018.**

Where: Friendly Avenue Baptist Church, 4800 W. Friendly Avenue, Greensboro, NC 27410

What You'll Learn, Contribute & Receive:

- This group is designed to be a co-learning Community of Practice. We will come together to network, share resources and contribute our own ideas, barriers and successes. Each meeting will focus on a specific **health-related topic**, such as the **Outdoor Learning Environment, Nutrition & Farm to Childcare & Physical Activity.**
- 1.5 hours In-Service training credit
- Healthy snacks & recipes
- Networking opportunities & resources

Register : <http://www.guilfordchildren.org/event/ghbec-directors-collaborative/2018-02-16/>

Questions: Contact Trish Nelson, (336) 274-5437, ext. 212 or Trician@guilfordchildren.org

Space is limited to 15 participants, so don't delay!



Sponsored by the Guiding Healthy Behaviors in Early Childhood team