

Training Workshop Descriptions

April, May, June 2018

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American Heart Association First Aid & CPR – This is a hands-on formatted class based on the American Heart Association. CPR teaches basic life support skills for adults, children and infants, how to properly operate an Automated External Defibrillator (AED) and choking. In First-Aid, learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. **The CPR class is \$45 from 8:30AM-12PM (3.5 credit hours). First Aid is \$45 from 1PM-4PM (3.0 credit hours). For both classes, the total cost is \$90. Classes start promptly at 8:30AM and 1:00PM. Plan to arrive 15 minutes prior to scheduled time. Please Note: If you are sick with cold, flu, or other contagious virus, please refrain from attending the workshop.**

Dates: Saturday, April 7th; Saturday, May 5th; Saturday, June 2nd

American Heart Association CPR – This is a hands-on formatted class based on the American Heart Association. CPR teaches basic life support skills for adults, children and infants, how to properly operate an Automated External Defibrillator (AED) and choking. **Cost: \$45 -- Credit Hours: 3.5 - Time: 6:00pm-9:30pm. Class starts promptly at 6:00 pm, so please arrive 15 minutes prior to scheduled time. Please Note: If you are sick with cold, flu, or other contagious virus, please refrain from attending the workshop. Dates: Tuesday, April 17th+; Monday, May 14th; Wednesday, June 13th**

American Heart Association First Aid – This is a hands-on formatted class based on the American Heart Association. Learners will demonstrate how to control bleeding, wrap bleeding injuries, and treat for shock, sudden illnesses, and injuries. **Cost: \$45 - Credit Hours: 3.0 - Time 6:00pm-9:00pm. Class starts promptly at 6:00pm, so please arrive 15 minutes prior to scheduled time. Dates: Wednesday, April 18th; Tuesday, May 15th; Thursday, June 14th**

Basic School Age Care (BSAC) – This 5 hour module will cover the elements of quality care, child development, positive guidance, age appropriate activities, environment design, health/safety, nutrition, and NC Child Care Regulations for school age care professionals working in licensed programs. **Cost: \$35 - Credit Hours: 5.0 - Class size is limited to 25 participants. - Please Note: When the class is split over two days, you must attend both sessions in order to receive credit.**

Dates and Times: Tuesday, April 17th and Wednesday, April 18th (6:30pm-9:00pm both nights); Saturday, May 5th (9:00am-2:00pm)

Behavioral Intervention Strategies: You want me to try what? – Teachers who care for children with behavioral difficulties, often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies. **Cost: \$15 - Credit Hours: 2.0 - Time: 6:30pm-8:30pm - Date: Thursday, May 31st**

Be Active Kids – This workshop uses colorful characters, interactive hands-on lessons, and bright visuals to teach and encourage children to explore their natural surroundings, engage in playful experience, and show children that physical activity can be fun. Each participant working with children ages birth to age five will receive a NEW REVISED BE Active Kids Guide to Early Childhood Physical Activity, which includes over 80 developmentally appropriate physical activities. **Cost: \$20 - Credit Hours: 3.0 - Time: 6:30pm-9:00pm - Date: Wednesday, May 30th**

Causes of Misbehavior: Why do they act that way? – Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons that children misbehave, a crucial first step in determining how to prevent/reduce challenging behaviors. **Cost: \$15 - Credit Hours: 2.0 - Time: 6:30-8:30pm - Date: Wednesday, June 27th**

Emergency Preparedness & Response (EPR) in Child Care – The EPR in Child Care training addresses new NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. Participants in this workshop will establish a plan and learn how to be prepared for a variety of emergency situations. **Cost: \$35 - Credit Hours: 5.0 - Date: Tuesday, June 26th and Wednesday, June 27th (6:30pm to 9:00pm both nights)**

Getting Started Improving Quality with the ITERS-R – Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ITERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale-Revised edition. **Cost: \$15 - Credit Hours: 2.0 - Time: 6:30pm-8:30pm**
Date: Thursday, April 26th

Inclusion: From an Educator's Perspective – This class will explore some simple modifications and resources that will help educators when plan activities, which will focus on instructional strategies, classroom management, following inclusive practices, and how to overcome the emotions related to leading an inclusive environment. Toddler Environment Rating Scale-Revised edition. **Cost: \$15 - Credit Hours: 2.0 - Time: 6:30pm-8:30pm - Date: Thursday, April 26th**

It's SIDS – This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. Participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly. **Cost: \$15 - Credit Hours: 2.0 -Time: 6:30pm-8:30pm**

Dates and Times: Saturday, April 7th (9:00am-11:00am); Tuesday, April 24th (6:30pm-8:30pm); Saturday, May 5th (9:00am-11:00am), Saturday, June 2nd (9:00am-11:00), Tuesday, June 26th (6:30pm-8:30pm)

North Carolina Foundations of Early Learning and Development – This 5-hour course will provide an introduction to Foundations, North Carolina's new Early Learning and Development expectations, how they are structured, and how to implement them in early childhood settings. **Please Note: This class is split over two days, you must attend both sessions in order to receive credit.** **Cost: \$45 - Credit Hours: .5 CEU -Time: 6:30pm-8:30pm**

Dates and Times: Part 1 - Monday, April 30th (6:30pm-9:00pm) and Part 2 - Tuesday, May 1st (6:30pm-9:00pm)

Partnering with Families to Address Challenging Behaviors – When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents. Revised edition.

Cost: \$15 - Credit Hours: 2.0 -Time: 6:30pm-8:30pm - Dates: Monday, April 30th; Wednesday, June 13th

Playground Safety – A playground should be created to provide a challenging and fun play environment for children but should also be reasonably safe. Outdoor play encourages movement and physical activity and is stimulating for children's learning. Playground safety training addresses playground safety hazards, playground supervision, maintenance and general upkeep of the outdoor area, and age and developmentally appropriate playground equipment. This training offers a practical and educational interpretation of North Carolina Child Care Commission's playground safety rules and how to conduct a playground audit. **Cost \$25 - Credit Hours: 4**

Dates and Times: Thursday, April 19th (6:30pm-8:30pm); Wednesday, May 9th (6:30pm-8:30pm); Saturday, June 2nd (12:00pm-2:00pm)

Please Teach Me What to Do – Learning new skills is hard, and when you're a preschooler every skill is new. Learning to manage your own behavior can be the hardest skill of all. Teaching self-management can be an intensive process, but it's a skill that is crucial to kindergarten readiness. When children can navigate the classroom with minimal adult assistance, they learn to take ownership of their own actions and choices, they treat others better, and are better able to calm themselves and to problem solve. Come learn the five steps to teaching self-management skills so you and your children can reap the benefits. **Cost: \$15 - Credit Hours: 2.0 - Time 6:30pm-8:30pm - Date: Thursday, June 14th**

Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure! – The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors. **Cost: \$15 - Credit Hours: 2.0 – Time: 6:30-8:30pm.**

Date: Thursday, April 12th

Preventing Power Struggles with Preschoolers – We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to

wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers. **Cost: \$15 – Credit Hours: 2.0 Time 6:30-8:30pm - Date: Monday, May 14th**

Single Portal of Entry (SPOE) – Join us for an information packed session that explores and connects you to early childhood resources and services in Guilford County. **Cost: FREE - Credit Hours: 1.5 - Time 6:30pm-8:00pm. Date: Thursday, May 31st**

Staying on Track – Why are daily classroom routines and schedule so important in the daily lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children 'stay on track' as they move through a typical preschool day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children. **Cost: \$15 - Credit Hours: 2.0 - Time 6:30pm-8:30pm - Date: Tuesday, April 10th**

Strategies for Challenging Behaviors – This workshop will focus on difficult behaviors in the classroom. Participants will have a chance to discuss the frustrating behaviors they face in their classroom and explore techniques and resources for supporting social emotional development and addressing challenging behavior. **Cost: \$15 -Credit Hours: 2.0 - Time 6:30pm-8:30pm - Date: Wednesday, May 30th**

Supervision Series: Beyond Band-Aids! – It's a fact of life that children at home or in child care will become sick, get hurt, or need to take medicine. Dealing with these situations safely is a serious task. This module contains guidelines for responding appropriately to accidents and illness. It also describes careful procedures for administering medication and guidelines for monitoring and maintaining children's health and well-being. **Cost: \$15 - Credit Hours: 2.0 - Time 6:30pm-8:30pm - Date: Thursday, April 19th**

Supervision Series: Get Ready, Get Set, Go! – This training prepares staff to keep children safe during field trips and routine transportation. This module emphasizes the importance of visual supervision, attendance taking, and the physical inspection of vehicles. **Cost: \$15 -Credit Hours: 2.0 - Time 6:30pm-8:30pm. Dates: Tuesday, April 24th ; Monday, May 14th**

Supporting Positive Behavior: Creating Guidance Strategies for Children Ages Birth to Three – Are you wondering how to support infants and toddlers healthy social and emotional development? Come learn about appropriate guidance and discipline for infants and toddlers using the information from the CSEFEL Pyramid Model. You will see how the developmental needs of infants and toddlers shape the guidance and discipline techniques used in a classroom. You will explore how the environment impacts social and emotional competence. You will learn about the difference between inappropriate and unacceptable behaviors and specific strategies you can use to respond to challenging behaviors and promote positive ones. This training provides information that supports the ITTERS-R subscales: Space and Furnishings, Listening and Talking, Activities, and Interaction and NCFELD Domain: Emotional and Social Development. **Please Note: This class is split over two days, you must attend both sessions in order to receive credit.** **Cost: \$45 - Credit Hours: .5 CEU - Time 6:30pm-8:30pm. Date: Monday, May 14th (6:30pm-9:00pm) and Tuesday, May 15th (6:30pm-9:00pm)**

The Arts and Sciences of TA – This 20 hour course will take a dive into the framework for the North Carolina Technical Assistance Practitioner Competencies. These competencies are focused on adult professional development and are organized by five domains. **Please Note: This class is split over two days, you must attend both sessions in order to receive credit.** **Cost: \$35.00 - Credit Hours: 2.0 CEU'S Dates and Times: Monday, June 25th (9:00am-5:00pm) and Wednesday, June 27th (9:00am-5:00pm)**

Temperament of Infants and Toddlers: Understanding and Supporting Individual Differences – We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we'll learn about 9 temperament traits and 3 large categories used to describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the "goodness of fit" between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITTERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure. **Cost: \$15 - Credit Hours: 2.0 - Time 6:30pm-8:30pm. Date: Wednesday, June 13th**